

AWARENESS: Site Plan #2

October 23 – December 22

Stress Management		
Guest Speaker	Dani Lafferman	11-3-17 3:00
Awareness Project	Students will choose from a variety of stress reducing activities and participate in an activity for 15 minutes. Students will discuss incorporating these activities into their day for the next week.	11-10-17 3:00
Student Reflection	Students will discuss the outcome of incorporating stress reducing activities into their daily routine for one week.	11-17-17 3:00

Holiday Traditions		
Guest Speaker	Liz Quakenbush	12-1-17 3:00
Awareness Project	Students will draw a picture of their favorite holiday tradition.	12-8-17 3:00
Student Reflection	Students will volunteer to share their drawing with the group and discuss how families all have different traditions.	12-15-17 3:00