

AWARENESS: Site Plan #3

January 3 – March 10

Kindness		
Guest Speaker	Tao Sweitzer	1-13-16 3:15
Awareness Project	Group will discuss be asked to do a random act of kindness for another student in the program during the following week.	1-20-16 3:15
Student Reflection	As a group, students will tell the group about a random act of kindness that they noticed throughout the week and explain how it made them feel.	1-27-16 3:15

Physical Fitness		
Guest Speaker	Landon Busching	2-3-16 3:15
Awareness Project	Students will walk the outdoor track as a group and be given a list of activities to complete throughout the following 3 weeks.	2-10-16 3:15
Student Reflection	Students will discuss as a group if they were able to complete the challenge and any positive benefits they have notice from getting physical activity.	3-3-16 3:15