

West Clay

## **Monday Clubs**

### **AM Clubs (7:30-8:00)**

**A.M. Workout:** Start your day and your week with high energy fun in the gym!

**Overall Goal of Club:** Burn calories and increase energy before school begins.

**State Academic Standard Incorporated:** Physical Education (Motor Skills and Movement Patterns)

### **PM Clubs (4:30-5:30)**

**Calvinball (Split gym k-2/3-5):** Try a game in which after each goal the scoring team captain gets to introduce a new rule from another game.

**Overall Goal of Club:** Calvinball teaches good sportsmanship and how to react quickly to changes in rules and ball-based games while enforcing RICHER principles.

**State Academic Standard Incorporated:** Physical Education (Physical Activity)

**Winter Painting:** Add some color to the season with paintings of many colors.

**Overall Goal of Club:** Painting encourages fine motor skills and personal expression.

**State Academic Standard Incorporated:** Fine Arts (Creating Art)

**Advanced Gaming:** Students are introduced to a variety of challenging and amazing board, card, and imagination-based games.

**Overall Goal of Club:** Games encourage students to practice problem-solving skills.

**State Academic Standard Incorporated:** Mathematics (Problem Solving)

**Star Gazers:** Learn all about outer space in this out of this world club!

**Overall Goal of Club:** Gain knowledge about the universe and the job of an astronaut.

**State Academic Standard Incorporated:** Mathematics (Problem Solving)